

CREDIT LINES

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Health for the Alcoholic

"Alcoholism: Handbook; Directory of Facilities" has been published by the Division of Mental Health, Public Health Services, Philadelphia Department of Public Health. In the foreword, James P. Dixon, M.D., health commissioner at the time of publication of the volume, writes that "at the present time there are no satisfactory techniques for reducing the effects of alcoholism on a community-wide basis. The dismal failure of prohibition on this score is still fresh in the minds of men. It seems, therefore, that present approaches must be concerned with services to individuals, or groups of individuals, for whom alcoholism is a problem." The handbook section, about 30 pages, generally is non-geographic in its application, designed as it is to help professional workers understand the character of the illness more fully, and appreciate both the usefulness and the limitations of present treatment methods. The directory describes the community resources which are presently available and can contribute to the control of alcoholism in the Philadelphia metropolitan area. Information about availability from John J. Hanlon, M.D., Director of Public Health Services, Department of Public Health, Philadelphia, Pa.

Occupational Health Miscellany

The American Conference of Governmental Industrial Hygienists has recently issued a "Guide to Records for Health Services in Small Industries." The manual—32 pages of text and sug-

gested forms—was developed in response to a need for specific guidelines in developing or improving record systems for employee health services in small industrial or business establishments employing one or two nurses and a physician on a part-time or occasional basis. Available from the secretary-treasurer of the conference, c/o Occupational Health Field Headquarters, Public Health Service, 1014 Broadway, Cincinnati 2, Ohio. \$1.

On the occasion of its silver anniversary, the Industrial Hygiene Foundation, Mellon Institute, has published a handsome brochure describing its services. The foundation was established by industry in 1935—first in response to the seriousness of the silicosis problem—as a centralized research organization to provide technical information and services through which industries could collaborate on problems of mutual interest. Part of the brochure's message: attention to the effects of the total environment on man emphasizes the complexity and the need for sound progressive industrial hygiene and occupational health programs. Available free from the Industrial Hygiene Foundation, 4400 Fifth Avenue, Pittsburgh 13, Pa.

Water, Water Everywhere . . .

"Water Supply and Pollution Control" presents a review of 280 research studies conducted in this problem area during 1958. The hope is expressed that "this inventory of active projects can do much to stimulate expanded programs of water supply and pollution control research." The first section of the re-

port lists research projects by state, the second by subject, and the third by researchers engaged on the projects. Available from Research Grants Coordinator, Division of Engineering Services, Public Health Service, Washington 25, D. C.

"Sewer Maintenance," the Water Pollution Control Federation's Manual of Practice No. 7, details methods for maintaining a waste water collection system and considers such topics as records and permits, equipment, sewer cleaning, safety measures, and public relations. WPCF, 4435 Wisconsin Avenue, Washington 15, D. C., \$1.50; for federation members, \$1.

The 236-page Proceedings of the Eighth Southern Municipal and Industrial Waste Conference held in April, 1959, are now available. The aim of the conference was to bring together policy-making officials of industry, municipalities, and other governmental agencies in the region for the purpose of delineating their respective responsibilities in pollution abatement. They also reviewed new technics in pollution control. The conference was in three sections: solids separation processes, chemical and biological treatment, and solids handling and disposal at waste treatment plants. The conferences are organized jointly by Duke University, North Carolina State College, and the University of North Carolina with the support of the North Carolina Sewage and Industrial Waste Association. University of North Carolina School of Public Health, Chapel Hill, N. C., \$2.

"Progress Report: Water Resources in Rensselaer County" was published in January of this year. This New York State County is one of many areas in the United States whose leaders begin to foresee the demands for water exceeding its supply. In July, 1959, the County Board of Supervisors called on

the health department to make a thorough study of the long-range development of water resources for the county. Safety of water supply is a classical health department function; forecasting the adequacy of supply is not, generally speaking. "Progress Report" is an example of how one county health department has gone modern in relation to its water responsibilities.

Since water demands will be closely related to population growth, the first portion of the department's long-range study has dealt with the projection of population up to the year 2,000. Although copies of the report are not generally available, anyone confronted with the problem of studying provision of water for the future could undoubtedly receive considerable assistance from the Rensselaer study. Joseph A. Salvato, Jr., P.E., is Director, Division of Environmental Hygiene and H. Jackson Davis, M.D., is Commissioner of Health, Rensselaer County Health Department, Troy, N. Y.

Four Research Reports of studies contracted for by the New York State Department of Health Water Pollution Control Board were printed this spring. No. 1 is "Statistical Analysis of Drought Flows of Rivers of New York State" (Manhattan College); No. 2, "Efficiency of Various Methods of Treatment, Milk Plant Wastes, New York State" (New York University); No. 3, "Experimental Treatment Plant at Dutch Hollow Foods, Inc., Honeoye Falls, New York" (New York University); and No. 4, "Treatment of Long Island Duck Farm Wastes" (Cornell University). A limited supply of the reports are available at no charge for practicing sanitary engineers or others directly concerned with water pollution control problems. WPCB, Anselmo F. Dappert, Executive Secretary, 84 Holland Avenue, Albany 8, N. Y.

Thirty Million Pamphlets

That is the number of pamphlets, all titles, the Public Affairs Committee has distributed in its 24 years of publishing. "The Story of Thirty Million Pamphlets" is told, in what may be regarded as a silver anniversary report (founded 1935), by the committee's secretary and editor Maxwell S. Stewart. Health workers may consider themselves fortunate in that the committee has so often met a public need by publishing helpful works related to community health. At least a third of its 1959 output could be so classified. Now come, within the period January-July, 1960, five more such publications:

- No. 292 "Venereal Disease: Old Plague—New Challenge," by T. Lefoy Richman
- No. 295 "Blindness—Ability, not Disability," by Maxine Wood
- No. 297 "The Arthritis Hoax: \$250,000,000 in Frauds and Fallacies," prepared in cooperation with the Arthritis and Rheumatism Foundation
- No. 298 "Private Nursing Homes: Their Role in the Care of the Aged," by Ogden Greeley
- No. 300 "Paraplegia: a Head, a Heart, and Two Big Wheels," by Jules Saltman

Each is done with undoubted competence. Single copies may be purchased for 25 cents from Public Affairs Committee, 22 East 38th Street, New York 16, N. Y. Special quantity rates.

Worth Acquiring

"How to Deal with Mental Problems" should help many readers gain insight into their own as well as others' emotional problems. The new booklet, a project of the National Association for

Mental Health and the Advertising Council, spells out "several instances of disturbing behavior which tell us a person is in emotional trouble," such as belligerence, excessive moodiness, suspiciousness and mistrust, and the like; shows how these may develop; and goes into some practical do's and don'ts for persons who would be helpful and understanding to those in emotional trouble. Replaces the AC-NAMH brochure, "How to Deal with Your Tensions," of which 1,500,000 free copies have been distributed. Single copies of the new 13-page booklet free from Better Mental Health, Box 2500, New York, N. Y. Request quantity rates.

"When a Parent is Mentally Ill: What to Say to Your Child" is the recent contribution of Helene S. Arnstein, author, and the Child Study Association of America, publisher. The 48-page pamphlet illustrates numerous ways in which one parent can help the child, at each age level, adjust to the many difficulties inherent in this situation. The text is also, of course, directed at helping the well parent maintain emotional equilibrium during the course of illness of the partner. The final paragraph: "Everyone in the family will have suffered in his own way through this experience, but everyone may also have gained in strength. Perhaps too, through the separation (i.e., hospitalization of parent) each member will have found out how much it means to 'belong' and to be really needed and loved." Child Study Association of America, 9 East 89th Street, New York 28, N. Y., 50 cents. Request quantity rates.