smallpox, typhus, and relapsing fever). The forms used for various certificates of vaccination, deratting, and for maritime declaration of health are shown in the appendixes.

The annexes give in detail the reservations to the International Sanitary Regulations by individual countries and the obligations of health administrators regarding notification to the World Health Organization. The volume concludes with an adequate index.

As the control of communicable disease becomes a matter of world as well as local action, knowledge of the International Sanitary Regulations becomes increasingly essential. The reviewer recommends that every health agency having to do with communicable disease possess this volume. Officials who have to do with clearance of ships and planes and with notification to the World Health Organization, especially, should have this volume available.

Edward Kupka

MARRIAGE ANALYSIS—By Harold T. Chris-
tensen (2nd ed.). New York: Ronald Press

In these days of accelerating appreciation of the unity of the social sciences, of the truth that medicine—or public health—cannot be correctly understood and hence improved without a conception embracing the social condition of man, it is tempting to use the space allowed for a review of this volume to plead that more public health workers join the National Council on Family Relations (1219 University Ave., S.E., Minneapolis 14, Minnesota)!

At any rate this reviewer urges APHA members to read this book (or “The American Family” by R. S. Cavan, or “Marriage and the Family in American Culture” by Truxal and Merrill, or “The Family; as Process and Institution” by C. Kirkpatrick) because it is a fine example of a text intended to help college students prepare for successful family life. It will serve admirably as an illustration of how others, who do not consider themselves “health workers,” do in truth analyze and teach that which so profoundly influences health practice—marriage and family relationships.

The author is head of the Department of Sociology at Purdue University where he also teaches in the Department of Family Life. In this book he has incorporated recent research materials, societal factors, and broad social programs while focusing primarily on functional marriage education. Essentially the book is organized around (1) situational factors, made up of the surrounding environment; (2) personality factors, expressed in terms of emotional and social maturity; and (3) relationship factors, growing out of the interactions of courtships, marriage, and family living.

It is clearly and directly written; it contains the necessary indexes, footnotes, readings, and classroom problems and projects; and the typography is excellent.

Irving S. Shapiro

SELF-HELP DEVICES FOR REHABILITA-
TION—A study conducted by New York
University-Bellevue Medical Center, Institute
of Physical Medicine and Rehabilitation, in
cooperation with the National Foundation
for Infantile Paralysis. Dubuque, Iowa: Wil-

This loose-leaf manual is a compilation of reports on self-help devices by the Institute of Physical Medicine and Rehabilitation of the New York University-Bellevue Medical Center. The individual reports have been distributed at irregular intervals over the past several years.

A description of each device is given including its purpose, method of construction, as well as its source and cost when commercially available. The text